PSYCHODRAMA

Paul Wilkins



SAGE Publications London • Thousand Oaks • New Delhi

CONTENTS

Preface		ix
Acknowledgements		xi
1	Locus, Matrix and Status Nascendi: the Birth of Psychodrama	1
2	Setting the Stage: Instruments and Techniques of Psychodrama	20
3	Warming Up: Laying the Foundations of Practice	39
4	Scene-Setting: Getting Started	50
5	The First Scene: Moving into Action	66
6	The Second Scene: Enactment	86
7	The Third Scene: Completing the Session	101
8	Sharing: Psychodrama in Context	114
9	Processing: a Critical Look at Psychodrama	124
Aj	ppendix 1 Glossary of Psychodrama Terms	134
Aj	ppendix 2 A Guide to Further Reading	136
References		138
Index		143